

the st. james



June/July 2009

Volume 9 Number 6

Sunday Schedule

8:00 am Holy Eucharist Rite I
10:00 am Holy Eucharist Rite II
11:15 am Coffee & Fellowship

**Celebration of
St. James Day
July 26**

**St. James Episcopal Church
4515 Delray Street
Roanoke, Virginia 24012
Phone: 540-366-4157
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www.stjamesroanoke.org**

Rector's Message

Dear Saints of James,

In years past, I remember my children talking about D.E.A.R. time – Drop Everything and Read. This was to encourage young people to read. When I was young, I practiced D.E.A.R. time by dropping chores in order to read, but now in my adult years, it is not as easy to drop “everything” in order to read. Needless to say, I have a great stack of book on my bedside table waiting for me to delve into; some of these books are reviewed below. What’s on your summer reading list? Happy summer reading. SEB+

God Grew Tired of Us, by John Bul Dau. Just 13 in 1987 when he was driven from his village and separated from his family in the raging civil war in southern Sudan, John Bul Dau spent years in refugee camps in Ethiopia and Kenya, until in 2001 he came to the U.S. as one of 4,000 Lost Boys of Sudan. This is a stark, first-person account of trauma and survival. Dau tells it quietly, in fast, simple prose true to the young teen's viewpoint. He's funny about the culture shock in America and honest about his years in the camp, even the fact that, trauma notwithstanding, he liked being known as a leader. Although appreciative of this country and the chance for work and college, he never denies his connections to Africa.

Hearing With the Heart, A Gentle Guide to Discerning God's Will for Your Life, by Deborah K. Farrington. Rather than relying on cautionary tales of the bad things that will happen if people fail to discern God's will, Farrington emphasizes God's love throughout this book. She makes the case that God's will for humanity matches perfectly with the heart's deepest desires and enables people to do the most good for those around them. Her emphasis on the positive is enhanced by her balanced use of scripture, personal anecdotes, and stories from the lives of Christians throughout history, such as the Desert Fathers and the Society of Friends (Quakers).

Window into the Soul, Art As Spiritual Expression, By Michael Sullivan. Working with clay, paint, crayons, or pencils, artists have long known that the act of creating art can help people explore the deepest recesses of their hearts – and bring about real change in their lives. Michael Sullivan discovered the power of art for himself in the midst of grieving the loss of a young parishioner. Ever since, he has been using simple art projects as a form of prayer and a way of helping others explore what God may be saying to them. *Windows into the Soul* is a practical, hands-on resource for those who want to explore this means of prayer and contemplation for themselves, approaching the process not as an artist but as a spiritual seeker. (Con't. Pg2)

St. James Episcopal Church

Clergy:

The Rev. Susan E. Bentley, Rector
seb@rev.net

Staff:

Mrs. Connie Bierly, Secretary
 Mrs. Sharon Capps, Choir Director
 and Organist
 Mrs. Donna Park & Mr. Marshall Hudson,
 Sextons

The Connection:

Send copy to: *stjames@rev.net*
 All Saints of James, Reporters

Internet Web Page:

www.stjamesroanoke.org
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The St. James Vestry:

Senior Warden, Donna Frost, 989-3050
 Junior Warden, Tim Buchholtz, 366-5779
 † Clerk, Sam Campbell, 489-4536
 † Treasurer, Matt Cordani, 362-3016,
 † Ass't. Treasurer, Avis Aheron, 774-0010
 † Rec. Treasurer, Bob Bird, 366-0996
 Helen Campbell, 489-4536, Jed Doak, 354-4164,
 Maile Armstrong, 947-5016 Chuck Cohen, 366-3178,
 Tricia Champion, 563-9554, Renee Toth, 334-2060
 Michael Kennedy, 389-1003,
 († - Not Vestry members)

Standing Committees

Christian Education:

Finance: Glen Lake, 345-7550
 & Gail Fields, 265-0786
Liturgy: Helen Campbell, 489-4536
Membership: Pat Ball, 725-8730
Outreach: Ray Kasey, 562-1956
Parish Life: Tricia Champion, 563-9554
Pastoral Care: Donna Frost, 989-3050
Property: Tim Buchholtz, 366-5779
Stewardship: Avis Aheron, 774-0010

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#### Episcopal Church Women:

Pam Reilly, 362-9742

#### Daughters of the King:

Sandra Maxwell, 389-3373

(from pg.1)

Readers will find projects in various media, including clay, charcoal, and acrylic, including not only technical directions, but also a gentle guide to the spiritual gold to be mined from the experience. Michael Sullivan, a sculptor and former lawyer, is Rector of St. John's Episcopal Church in Lynchburg, Virginia.

*The New Brain, How the Modern Age is Rewiring Your Mind*, by Richard Restak. Restak, a neurosurgeon and popular science writer on the brain, focuses on new technology for examining the physiology of the brain (such as MRI) and how it allows us to monitor and control a far wider range of activities than was formerly possible. Restak also demonstrates how the brain is modified the old-fashioned way, such as by practicing a skill, but we are being negatively altered by the sound-bite, techno environment in which we live and how the overstimulation of our brains by modern society is giving us all ADD. Hackles will rise the farthest over the author's proclamation that it is proven that TV, movie and video game violence affects our brains in ways that lead to violent behavior.

*Jesus and Buddha, the Parallel Sayings*, Edited by Marcus Borg. The often violent history of Christianity may lead us to forget that Jesus' original teachings promoted peace and turning the other cheek, passive resistance rather than armed insurrection. Marcus Borg, a Christian and Jesus scholar, focuses on this basic aspect of Christianity by selecting a range of quotations from the Gospels and pairing them with parallel sayings by the Buddha. In a long, detailed preface, Marcus Borg gives a history of the origins of both Christianity and Buddhism and a summary of their beliefs. He makes it clear that the similarities in each pair of quotations are not contrived or by chance by drawing out parallel themes in the two religions. Both emphasize imagery of 'the way' or 'the path'; both see death as a step on a spiritual journey, not as the end.

*In the Eye of the Storm, Swept to the Center*, by Gene Robinson. Gene Robinson is bishop of the tiny, rural Episcopal Diocese of New Hampshire, but he's at the center of a storm of controversy raging in the Episcopal Church and throughout the worldwide Anglican Communion involving homosexuality, the priesthood, and the future of the Communion. This book offers an honest, thoughtful portrait of Robinson, the faith that has informed his life, and the controversy that continues to rock the Church.

### The Stewardship Corner

All things come from you, O Lord, and of your own have we given you.

+  
+ +  
Time + + Talent  
+ +  
+ + + + +  
Treasure

**Pledged and Unpledged Support:** In April, St. James received \$10,137.54 in pledged and unpledged support. The monthly budgeted income amount was \$8,347.98. The year-to-date shortfall is -\$847.07. If we all remember to get our pledges in on time, the deficit for pledged and unpledged income can either be reduced to zero, or better yet exceed the amount budgeted.

**St. James Cycle of Prayer:** In June we give thanks for the ministry and service of the Episcopal Church Women and Daughters of the King. We pray that their active membership continues to grow as they enhance their understanding of Christian life, their service to our parish, and their willingness to aid those in need outside the parish.

In July, we give thanks for the ministries of all those who contribute to parish life at St. James – the Parish Life Committee members who organize and sponsor our receptions and meals; the members of the parish who host coffee hours and adult suppers; and the parishioners who provide transportation for others to attend church services and activities. We pray that their ministries will continue to enhance the community life for all who call St. James their parish home.

**Kroger Gift Cards:** The Kroger gift card fundraising program has proven to be an easy way to supplement St. James' monthly income. By using a gift card purchased through St. James, we receive 5% of the total monthly gift card purchases. Simply load your gift card before you begin your grocery shopping and use it to pay for groceries and gas. Thank you for using your Kroger cards so faithfully. Kroger cards make great gifts. If you would like to purchase a gift card for \$5, please see Mother Sue, Dorothy Herndon or Connie Bierly.

**Adopt-a-Day:** In 2009, you can Adopt-a-Day for \$60.00 or Adopt-a-Half Day for \$30.00. By adopting a day, you are reducing the annual deficit by a day. If all 365 days are adopted, the budget deficit would be erased. You can celebrate a special occasion or honor a loved one on their special day (birthday,

anniversary, retirement, etc.). Forms can be found on the table outside the secretary's office. Forms will also be emailed during the first week of each month and can be filled out and returned to the parish secretary via email. Please consider "adopting" a day or a half day in 2009. All Adopt-a-Day contributions will be published in the monthly Connection.

**Treat of the Week:** Each Sunday, we will be "giving away" a treat during coffee hour following the 10 o'clock service. Approximately \$534 has been collected for the Treat of the Week. Donations will be accepted for each treat. All proceeds will go to the Building Fund. Don't miss an opportunity to receive a treat and contribute to the Building Fund. If you would like to donate a treat, please contact Helen Campbell.

#### **Jimmie Jars Return! "Coins for Camp" Campaign**

On Sunday, May 3, the parish youth handed out 'Jimmie Jars' at the conclusion of both the 8 o'clock and 10 o'clock services to kick-off the "**Coins for Camp**" campaign. If you did not get a 'Jimmie Jar', please pick one up from the parish hall. Collect your loose change and put it in your 'Jimmie Jar'. The "**Coins for Camp**" campaign will run until St. James Day on July 26 at which time the coin-filled jars will be turned in. Please support our youth by taking a 'Jimmie Jar' and filling it with "**Coins for Camp**"!

#### **Stewardship**

Funny how a \$100 "looks" so big when taken to church, but so small when taken to the mall.

Funny how long it takes to serve God for an hour, but how quickly a team plays 60 minutes of basketball.

Funny how long a couple of hours spent at church are, but how short they are when watching a movie.

Funny how people can't think of anything to say when they pray, but don't have difficulty thinking of things to talk about to a friend.

Funny how people get thrilled when a baseball game goes into extra innings, but complain when a sermon is longer than the regular time.

Funny how hard it is to read a chapter in the bible, but how easy it is to read 100 pages of a best selling novel.

Funny how people want to get a front seat at any game or concert, but scramble to get a back seat at church services.

Funny how people need 2 or 3 weeks advance notice to fit a church event into their schedule, but can adjust their schedule for other events at the last moment.

Funny how hard it is for people to learn a simple gospel well enough to tell others, but how simple it is for the same people to understand and repeat gossip.

Funny how people believe what the newspaper says, but question what the Bible says.

Funny how everyone wants to go to heaven provided they do not have to believe, or to think, or to say, or do anything.

Funny how you can send a thousand 'jokes' through e-mail and they spread like wildfire, but when you start sending messages regarding the Lord, people think twice about sharing.

### **FUNNY, ISN'T IT?**

Are you laughing? Are you thinking?  
Spread the Word and give thanks to the Lord for He is good!

Grandfather didn't believe in wills --  
but Grandmother does.  
She had to help settle his estate without benefit  
of a will.  
Do you have a will?  
Did you include in it the work of your church?

### **St James Day**

We will celebrate the Feast of St. James (July 25<sup>th</sup>) on the Sunday, July 26<sup>th</sup> this year. Mark your calendars now and plan to be a part of this festive day when we honor our patron saint and break bread together both in our liturgies and also during our potluck luncheon.

### **From the Parish Register**

#### Baptisms:

Cason Robert Nichols, son of Allyson and Brandon Nichols, was baptized on All Saints Sunday, November 2, 2008

Grant Michael Rucker, son of Katie and Marc Rucker, was baptized on Pentecost Sunday, May 31, 2009

#### Confirmations:

On April 26, 2009, Bishop Neff Powell confirmed:

Laura Tuggle Anderson

Ryan Anthony Kovac

William Powell Ostrom

Joseph Gregory Repa

Michael George Repa

#### Weddings:

William Witz & Elizabeth McCary were married September 27, 2008

Karen Williamson & David Giar were married April 25, 2009

#### Burials:

Betty Ward, September 12, 2008

Maureen Cohen, November 28, 2008

Florence Milton, December 9, 2008

Clarice Clem, February 6, 2009

Marion Miller, February 7, 2009

Russell Pastelak, March 24, 2009

### **ECW News**

ECW is sponsoring its annual Ladies Night Out on June 1st at Veranda Bistro. Reservations are required. The sign up sheet is in the Parish Hall. Reservation deadline is May 27th.

ECW has purchased 15 new prayer books to replace 15 of our most "worn" prayer books in the nave. Mother Sue blessed the new books at the 10:00 o'clock service on Sunday, May 10th. Each new prayer book has a beautiful set of ribbon markers, made by Ann Bird, and the books are already in use!

*(Con't. Pg.5)*

ECW will sell its cookbooks at the Williamson Road Fun Day on Saturday, June 13th to benefit the Williamson Road Clergy Association Emergency Fund.

### ECW Yard Sale

The ECW is sponsoring a Yard Sale on Saturday, September 12, 2009. As you are doing your spring cleaning, please keep anything you would like for the church to sell. We will begin collecting items in the downstairs classrooms, the week after the last Sunday School class ends. We will take any household items and any children items, including clothing. Anything that does not sell, will be donated to a local charity. If you have any questions, please contact Katie Cordani at 362-3016

### Note from Grace Aheron

This July, I will travel to Anaheim, California to take part in the biggest gathering of Episcopalians on the planet — General Convention. I was fortunate to have been chosen as one of eighteen youth representatives — two from each province — that will go to General Convention. While youth delegates are not given a vote like normal delegates or bishops, we do have a voice on the floor. So, you better believe I will be speaking out on the issues that I feel are important. When the youth reps gathered about a month ago in Atlanta for training, I was elected by my peers to address to House of Bishops. This is a pretty intimidating task, but I'm excited at the prospect of being able to speak my mind to all the bishops of the church. I'm not really sure what is going to happen at Convention — who knows what's in store when that many Episcopalians are gathered together — but I'll be sure to keep my St. James family updated. I ask for your prayers, especially for the youth delegates, during our time in Anaheim.

### Vestry Update -- May, 2009

The following are announcements and action taken by the Vestry at the May, 2009 meeting. To review the minutes please consult the vestry notebook on the counter in the Parish Hall.

- Approved changes to the Gift Acceptance policy
- Approved an Emergency Plan (Building evacuation and/or Shelter in Place). The Plan will be published in Connections once a year and rehearsed annually.

- Invited members of the Sudanese Community to hold Sunday evening worship services at St. James
- Agreed to support the June 13, Williamson Road Ministerial Association Fun Day to be held at the Breckenridge School from 10 – 4. St James will have two booths that day. Bob Ostrom, Donna Frost, Chuck Cohen and Maile Armstrong are helping along with the membership committee and ECW.
- The Liturgy Committee announced that on the 2<sup>nd</sup> Wed. of each month Evening Prayer will be held at 5:30 p.m.. The first service will be June 10. All are invited.
- Regretfully accepted Bill Williamson's resignation as Editor of St. James Connection.
- The next Vestry meeting will be on Monday, July 13, 2009

### Congratulations

Congratulations to our 2009 graduates Grace Aheron and Thomas Williamson



### BABY SHOWER FOR LAURA ANDERSON

St. James is having a baby shower for **Laura Anderson** on **Sunday, June 7, 2009** at **2:30 PM** in the **Parish Hall** and all women of the church are invited. Cake and punch will be served. At Laura's request, this will be a different type of shower. In lieu of traditional gifts, Laura would like for us present her with advice and stories of our experiences.

We are asking the ladies of the church to write up pieces of advice for a new mother or "tales" of your experiences with children. Please bring them to the shower, and after sharing them, we will compose a "book" for Laura. We look forward to your presence and your stories on June 7!

## Education for Ministry

Education for Ministry (EFM) is an Episcopal theological education program of the School of Theology of the University of the South in Sewanee, TN. This program has spread throughout the United States and is international, as EFM groups seek to (1) teach how to think theologically, (2) grow in knowledge of the Holy Scripture and of our Christian heritage, (3) deepen the faith of individuals, (4) build community and strengthen the Body of Christ.

Participants commit one year at a time to meet regularly in seminar sessions led by a trained mentor. Completion of the program takes four years, during which time participants study the Bible, church history, theology and ethics.

What does EFM do for the Church? Graduates of EFM fulfill many ministries and bring to the church a laity better prepared to make decisions and fulfill the Great Commission – to bring Christ to the world – in an effective and loving way. EFM's 24,000 plus graduates have become a source of informed, committed, and prepared leadership for the Church.

Each seminar group of six to twelve students is led by a mentor. The St. James group meets on Tuesday evenings, September to June to reflect theologically, discuss the materials they have read, and to worship together. Students follow a lesson and a study guide which are read each week. Continuing Education credit is given. EFM has been offered at St. James for 5 years; Helen & Sam Campbell, Jo Schultz, Susan Tolliver, Bill & Esther Williamson have completed the 4 year study. Donna Frost will be a 4th year student next fall, and Avis Aheron, Tim Buccholtz, and Denise Smerecki will be 2<sup>nd</sup> year students and there are openings for 1<sup>st</sup> year students. If you are interested in EFM, talk to any of the program members and contact the Rector who is the mentor for the group in 2009-2010.

Participants must be able to commit to coming each week, and the cost is \$340.00/year. Scholarships are available.

## Field Education Interns

In the process of formation for those preparing to be ordained as Priests and Vocational Deacons, six months of field education experience is required, in a non-sponsoring parish. St. James has been a training site for several people, including Jonathan Harris, now Rector of Trinity Episcopal Church in Buchanan, Melissa Hays-Smith, ordained as a Deacon and placed at Christ Episcopal Church,

Roanoke, and Becky Crites who served her transitional - Deaconate time at St. James and now is Rector of St. John's, Glasgow, and St. Thomas, Bedford County.

Currently, Jan Fuller, Chaplain at Hollins University began her Field Education internship with us on Ash Wednesday and will continue through the summer. Her focus for her time at St. James is on the liturgy, use of the voice for chanting, visiting in hospitals, retirement centers and parishioner's homes, as well as some readings in practical theology and time for regular bimonthly supervision and conversation with the Rector.

In July, we will have an additional Field Education intern, Jonathan Nicholas, who is a member of St. Alkelda, in Giggleswick, England. He has a particular interest in the American Episcopal Church, Remembering the Pulpit Exchange visit to Giggleswick in 2004, Jonathan contacted the Rector at St. James to see if he might come and do a four week internship at St. James. Jonathan will be arriving on July 9<sup>th</sup> to participate at St. James and in various diocesan events that will broaden his perspective on ministry in the United States.

### Biographical Information:

I have been connected with St Alkelda's Church in Giggleswick, North Yorkshire since 1999, when I was baptised at the age of twenty-one. Having moved location for various jobs, I have continued to attend St Alkelda's during my holidays when visiting family.

I am just about to come to the end of my first year of a two year training course for Ordination within the Church of England. My training is taking place at Cranmer Hall, Durham, which is in the North East of England. It is a beautiful historic setting in which to be studying, and I am enjoying being part of the community of other Ordinands. The course is a mixture of theological lectures and practical activities. This includes doing a number of placements with Churches and Christian organisations over the summer.

Prior to training I lived and worked in Southall, a multi-culturally diverse area of West London. I worked as an Environmental Education Officer for a Christian Conservation Charity called A Rocha UK. A Rocha is an international family of projects working around the world. The Living Waterways Project I

was involved in sought to encourage and equip young people to discover and look after the natural environment. This was done through a range of activities including assemblies, after-school clubs and holiday clubs. The Project also helped to create a country park in an area that had previously been a wasteland with burnt out cars and dumped rubbish.

In London I also worked one day a week for a local Anglican Church, St George's, where I was a Children's Worker. As part of this role I would help children and young people in the church to be involved in the Sunday morning service.

As my previous work with A Rocha suggests, I really enjoy being outdoors in the natural environment, whether it is filming wildlife, walking or cycling.

I am very much looking forward to my visit to Roanoke and getting to know people at St. James. I hope that during my four week placement it will be a time in which I can grow and learn from those I meet, as well as hopefully contribute to the life of the church.

Jonathan Nicholas

### **A Note from the Editor**

It has been said that at some point in everyone's life they should slow down and smell the roses. That time has arrived for me so it is with some regret and some sadness I have resigned as editor of *The Connection*. The consistently fine articles submitted by many reporters have made the newsletter what it has become over the past 6 ½ years and I hope you will continue those efforts in the future. You have my thanks and appreciation for your good work. Beginning with the next issue all articles should be sent to the church office at [stjames@rev.net](mailto:stjames@rev.net).

I will continue to be a part of the team that prepares and mails the newsletter and I will continue to work with Esther on our SHARE program

Bill Williamson

### **Organ Concerts**

Are you wondering what you will do with your Sunday afternoons this summer? Please consider attending the Annual King of Instrument Concert Series, sponsored by the Roanoke Chapter of the American

Guild of Organists. Our concerts are at 4:00 on Sunday afternoons. This is the International Year of the Organ, and we are continuing to celebrate this wonderful instrument with out summer concerts. There is no admission charge, but an offering plate will be available to receive contributions that go to our scholarship programs.

June 7-David Charles Campbell, the Minister of Music at St. Johns Episcopal Church, will be playing a program at First United Methodist Church, 125 West Main Street, Salem, VA. David Charles is the Dean of our local chapter.

June 12-Jared Martin, the organist at Thrasher Memorial Methodist Church, will be playing a program at First Presbyterian Church, 2101 Jefferson St. SW, Roanoke, VA.

June 21-Cara Modisett, the organist at St. Elizabeth's Episcopal Church, and Robert Chapman, the Choir Director and Organist at Broad Street Christian Church in Martinsville, will be playing a program of Piano and Organ duets at Belmont Baptist Church, 825 Stewart Ave SE, Roanoke, VA. The organ at Belmont is one of the oldest in the valley.

June 28-Mitchell Garcia will perform a program at Greene Memorial Methodist Church, 402 Second Street, Sw, Roanoke. The organ at Greene Memorial is the oldest organ in the Roanoke Valley.

July 12-Brittany Montoro, a student at Lynchburg College, will play a program at Hollins University's Dupont Chapel on the Hollins Campus.

July 19-Leonardo Ciampa, a concert organist and composer, and the Director of Music and Worship at St. Mary and St. Catherine of Siena Parish in Charlestown, Massachusetts, will play the organ at St. Paul's Episcopal Church, 42 E Main St, Salem, VA. Mr. Ciampa is a personal friend of the builder of the organ at St. Paul's.

July 26-Kelly J. Wheelbarger, the Director of Music Ministries and Organist at St. Andrew's Catholic Church, will be playing a program at Northminster Presbyterian Church, 3911 Greenland Ave., NW, Roanoke, VA.

Come and hear wonderful music in holy places!

Sharon

**Adopt-a-Day**

**2009**

Jan. 12 adopted by Denise & Randy Smerecki in memory of Casimer Smerecki

Jan. 30 adopted by Mimi & Bob Copenhaver in celebration of their wedding anniversary

Feb. 13 adopted by Larry & Doris Mattox in celebration of Joyce Brown on her 83rd birthday.

March 17 adopted by Doris and James Champion, Sr. In memory of our beloved son, James R. Champion, Jr.

March 20 adopted by Sharon Capps in memory of William O. Capps, Jr.

April 10 adopted by Sharon Capps in Thanksgiving for Joanna Baker Capps on her birthday.

May 8 adopted by the EfM class in celebration of Tim Buchholtz' birthday and to thank him for his consistent preparation of coffee and snacks for our weekly meetings.

**June 6 adopted by Avis, Sarah & Grace Aheron in celebration of Beth Magill's ordination to the priesthood at Christ Church, Alexandria, VA.**

**June 12 adopted by Avis Aheron in celebration of Grace's graduation from Patrick Henry High School.**

July 8 adopted by Brian & Jeanne Counihan in celebration of our 20th wedding anniversary.

July 12 adopted by Mike Kennedy in celebration of the birth date of Katie Kennedy Rucker.

Aug. 4 adopted by Sharron Capps in thanksgiving for Mary Leigh Capps on her birthday.

Aug. 5 adopted by Anonymous in honor of Mother Sue's birthday.

Aug. 9 adopted by his friend Cathie Cook in honor of Jerry Hughes' birthday.

Aug. 14 adopted by Sharon Miller in memory of her father, Robert Dugan's birthday.

**Aug. 14 adopted by Judy D. Mason in memory of Chip Mason's birthday.**

Aug. 15 adopted by Robert & Carol Killinger in celebration of Lonnie Bower's birthday.

Sept. 28 adopted by Doris Mattox in celebration of husband Larry's 60th birthday.

**Daughters of the King  
Spring Assembly**

**April 25, 2009**

**St. Paul's Church, Lynchburg, VA.**

I presided at my first (and last!) Assembly as President of the Diocese, at which Sharon Bryant, a member of the Monacan Indians of St. Paul's, Bear Mountain was our speaker.

The agenda was followed; I called the meeting to order, and Cecily Heuslein, of the Holy Spirit Chapter welcomed us. After the reading and acceptance of the minutes and treasurer's report, we discussed the Province III Retreat (which I will attend the end of this month) we went on to new business, introducing Betsy Briggs, who will attend Triennial in July as a delegate from The Shepheresses Chapter. We also thanked Tabitha Chapter for refreshments, our own Karen Smith-Moretz for the superb luncheon, and the Very Rev. Dr. Doug Wigner, who celebrated the Eucharist as our Chaplain, the Rev. Sue Bentley had a marriage to perform and had to leave as soon as the Eucharist was over.

Elections were held for new officers for the Diocese. Our own Helen Campbell will serve as President, Other elected officers are Rebecca Mays, St. John's, Bedford, Vice President, Pat Ball and Sharon Capps, St. James, Roanoke, Co-Secretaries and Mary Stuart Cosby, Trinity, Christiansburg, Treasurer. Installation of new Diocesan Officers will be held Saturday, August 15, 2009 at 11:00 a.m. at St. James, followed by a light luncheon.

Ms. Bryant spoke eloquently about the Monacan Indians and the trials and tribulations they suffered working to be accepted as Native Americans; what happened to them as they were forced to shed their own culture and "fit in" with the White Man. She told us how wonderful it was that the Episcopal Church returned Bear Mountain to them, and that the first woman ordained a priest was a Native American. She asked us all to assist the bill, HR1385, now in the Senate, to give the Virginia Native Americans (especially the Monacans) their Sovereignty.

If you wish more information contact [Sbryant@FirstChoicehvaconline.com](mailto:Sbryant@FirstChoicehvaconline.com), or 1-434-546-0276.

It's that time of year again: Your dues need to be paid by the end of August. And, please remember the Self-Denial Fund, the Endowment Fund, and the Master's Fund; whatever you can give will be appreciated. National dues are \$35.00 and Chapter dues are \$12.00 (checks should be made to Daughters of The King).

The Fall Assembly, October 31, 2009 will be held at Evans House, with St. John's, Bedford as hosts. More information will be sent out later.

Sandra Tucker-Maxwell  
D.O.K. President

### **Williamson Road Fun Day**

The Williamson Road Clergy Association is hosting a Fun Day on Saturday, June 13<sup>th</sup> at Breckinridge Middle School from 10:00 am to 4:00 p.m.. The six churches in the Association: St. James, Trinity Lutheran Church, Holy Trinity Greek Orthodox Church, Huntington Court United Methodist Church, Williamson Road Church of the Brethren, and Bethany Christian Church, will be raising money for the Emergency Outreach Fund, as well as being an active presence in the neighborhood. This is an opportunity for St. James to invite our "neighbors" to worship with us. There is no entrance fee, free parking, and hamburgers, hot dogs, drinks and other food will be for sale; there will be activities for children and entertainment provided by the churches. St. James will have a craft table with items for sale. We need about 10 volunteers to help during the day; check the bulletin board beside the kitchen to sign up or speak with Donna Frost or Bob Ostrom. Come support this Williamson Road Fun Day and bring your friends.

### **Lessons From Children**

The ball bounced across the floor and I could see what was coming: nobody was there to catch it, and it careened into the end table, toppling my precious jade figurine to the floor. In the split second before the jade idol shattered, I opened my mouth to shout something like, "How many times have I told you, this is not a gymnasium! You kids are so careless, etc. etc. etc." But I stopped short, paralyzed by the look on my five-year-old's face, and by the panic in his frightened sob, "Go ahead, kill me!"

Was that the message I was conveying to my children? That my possessions were more important than they were? Confused images whirled in my head – "of course I have to teach them to be careful, but after all, it IS just a THING! Somehow I'm doing it all wrong."

"She's such a tomboy," I said. "She never wants to wear a dress, and when she does, it isn't long before it's just as dirty and ragged as an old pair of jeans. I don't know what to do with her!" The other mothers nodded in sympathy, but my daughter looked up at

me with such a pained expression that I wanted to snatch the words back. I'd hurt her again by not understanding how she felt. Did I have an image in my head of what the "perfect daughter" should be, and did she not fit my picture? I was doing it all wrong – again.

"Mom, I want you to keep in mind that someday you're going to laugh about this," said my oldest son (the one who is now a psychologist). And then the three of them led me to the room where they had just had a pillow fight. Feathers were everywhere. There was nothing in the room that wasn't completely covered with puffs of white down, and even the air was full of the still-falling and floating stuff. An indoor blizzard in July! I had been studying for my nursing boards, and I knew that cleaning up this mess would take a lot of my precious time. My children looked at me anxiously, wondering how I would react, and something inside of me melted. Instead of the anger that was welling up, I could feel the preposterous, outrageous joy in what they had done, and I began to laugh. Soon we were all laughing, and somehow or other the mess got cleaned up. This time I did it right!

These things happened a long time ago. The three children are all married now, and I have grandchildren and great grandchildren. But time is an elusive thing, and sometimes it feels as if they happened just yesterday. I think of the many life-lessons I've learned in the memories that come pouring back across the years...

**RELATIONSHIPS ARE MORE IMPORTANT THAN THINGS.**

**ACCEPT AND LOVE PEOPLE AS THEY ARE.**

**LEARN TO LAUGH.**

The Rev. Deacon Polly M Bowen  
Saint Matthias Episcopal Church  
East Aurora, New York

**SERVER SCHEDULE FOR JUNE****Jun 7****8 AM** Lector – Susan Tolliver, Chaliceist – Tim Buchholtz

|              |            |                |             |                                                       |
|--------------|------------|----------------|-------------|-------------------------------------------------------|
| <b>10 AM</b> | Crucifer   | Aaron Taylor   | Ushers      | Michael & Matthew Bentley                             |
|              | Acolyte    | Ryan Kovac     | Coffee      | Cathy Cohen, Terri Curley, Ryan Kovac, Ashley Nelson  |
|              | T Bearer   | Felix Counihan | Nursery     | Matt & Katie Cordani                                  |
|              |            | Mark Curley    | Tellers     | Ron Toth, Michael Kennedy                             |
|              | Chaliceist | Donna Repa     | Altar Guild | Linda Bryant, Lawton Kasey, Sharon Miller, Pam Reilly |
|              | Lector 1   | Butch Eanes    |             |                                                       |
|              | Lector 2   | Sam Campbell   |             |                                                       |
|              | Prayers    | Ron Taylor     |             |                                                       |

**Jun 14****8 AM** Lector – Susan Tolliver, Chaliceist – Tim Buchholtz

|              |            |                   |             |                                                             |
|--------------|------------|-------------------|-------------|-------------------------------------------------------------|
| <b>10 AM</b> | Crucifer   | Thomas Williamson | Ushers      | Ron & Renee Toth                                            |
|              | Acolyte    | Ashley Nelson     | Coffee      | Laura Anderson, Jackie Leonard                              |
|              | T Bearer   | -----             | Nursery     | Shannon Flynt, Machele Huff                                 |
|              |            | -----             | Tellers     | Arby Frost, Kristen Johnstone                               |
|              | Chaliceist | Matt Cordani      | Altar Guild | Lonnie Bower, Joyce Brown, Jean Schaefer, Esther Williamson |
|              | Lector 1   | Kristen Johnstone |             |                                                             |
|              | Lector 2   | Joseph Repa       |             |                                                             |
|              | Prayers    | Chuck Cohen       |             |                                                             |

**Jun 21****8 AM** Lector Tim Buchholtz, Chaliceist – Jo Schultz

|              |            |               |             |                                           |
|--------------|------------|---------------|-------------|-------------------------------------------|
| <b>10 AM</b> | Crucifer   | Grace Aheron  | Ushers      | Chuck Cohen, Ryan Kovac, Ashley Nelson    |
|              | Acolyte    | Sarah Perry   | Coffee      | Lonnie Bower, Joyce Brown, Jean Schaefer  |
|              | T Bearer   | -----         | Nursery     | Ann Bird, Elizabeth Witz                  |
|              |            | -----         | Tellers     | Larry Mattox, Jackie Leonard              |
|              | Chaliceist | Avis Aheron   | Altar Guild | Helen Campbell, Boots Ingram, Odell James |
|              | Lector 1   | Sandy Maxwell |             |                                           |
|              | Lector 2   | Alex Bentley  |             |                                           |
|              | Prayers    | Butch Eanes   |             |                                           |

**Jun 28****8 AM** Lector – Tom Orville, Chaliceist – James Kyle

|              |            |                |             |                                                                                            |
|--------------|------------|----------------|-------------|--------------------------------------------------------------------------------------------|
| <b>10 AM</b> | Crucifer   | Alex Bentley   | Ushers      | Michael Kennedy, Jackie Leonard                                                            |
|              | Acolyte    | Marjorie Price | Coffee      | Tricia Champion, Lawton Kasey                                                              |
|              | T Bearer   | -----          | Nursery     | Julia Felts, Lisa Gardner, Butch Johnstone                                                 |
|              |            | -----          | Tellers     | Steve Wiegandt, Maile Armstrong                                                            |
|              | Chaliceist | Butch Eanes    | Altar Guild | Betsy Briggs, Jo Schultz, Susan Tolliver, Kathryn Tully, Lonnie Bower (10 AM cleanup only) |
|              | Lector 1   | Donna Frost    |             |                                                                                            |
|              | Lector 2   | Bob Ostrom     |             |                                                                                            |
|              | Prayers    | Sam Campbell   |             |                                                                                            |

**Jul 5****8 AM** Lector – Susan Tolliver, Chaliceist – Tim Buchholtz

|              |            |                 |             |                             |
|--------------|------------|-----------------|-------------|-----------------------------|
| <b>10 AM</b> | Crucifer   | Rachel Ostrom   | Ushers      | Ray & Lawton Kasey          |
|              | Acolyte    | Matthew Bentley | Coffee      | Matt & Katie Cordani        |
|              | T Bearer   | -----           | Nursery     | Bob & Sara Ostrom           |
|              |            | -----           | Tellers     | Ron Toth, Michael Kennedy   |
|              | Chaliceist | Donna Repa      | Altar Guild | Joyce Brown, Kate St. Clair |
|              | Lector 1   | Michael Repa    |             |                             |
|              | Lector 2   | Maile Armstrong |             |                             |
|              | Prayers    | Sandy Maxwell   |             |                             |

**DOK Gift Bag Preparation: Joyce Brown & Doris Maddox****Note:** If you can't meet your scheduled time please find a substitute and let the Office know.

**SERVER SCHEDULE FOR JULY****Jul 5****8 AM** Lector – Susan Tolliver, Chaliceist – Tim Buchholtz

|              |            |                 |             |                             |
|--------------|------------|-----------------|-------------|-----------------------------|
| <b>10 AM</b> | Crucifer   | Rachel Ostrom   | Ushers      | Ray & Lawton Kasey          |
|              | Acolyte    | Matthew Bentley | Coffee      | Matt & Katie Cordani        |
|              | T Bearer   | -----           | Nursery     | Bob & Sara Ostrom           |
|              |            | -----           | Tellers     | Ron Toth, Michael Kennedy   |
|              | Chaliceist | Donna Repa      | Altar Guild | Joyce Brown, Kate St. Clair |
|              | Lector 1   | Michael Repa    |             |                             |
|              | Lector 2   | Maile Armstrong |             |                             |
|              | Prayers    | Sandy Maxwell   |             |                             |

**Jul 12****8 AM** Lector – Susan Tolliver, Chaliceist – Tim Buchholtz

|              |            |                   |             |                                                       |
|--------------|------------|-------------------|-------------|-------------------------------------------------------|
| <b>10 AM</b> | Crucifer   | William Ostrom    | Ushers      | Chuck & Cathy Cohen                                   |
|              | Acolyte    | Ben Clouser       | Coffee      | George & Donna Repa                                   |
|              | T Bearer   | -----             | Nursery     | Shannon Flynt, Machele Huff                           |
|              |            | -----             | Tellers     | Arby Frost, Kristen Johnstone                         |
|              | Chaliceist | Avis Aheron       | Altar Guild | Linda Bryant, Lawton Kasey, Sharon Miller, Pam Reilly |
|              | Lector 1   | Michael Bentley   |             |                                                       |
|              | Lector 2   | Lynn Wright       |             |                                                       |
|              | Prayers    | Kristen Johnstone |             |                                                       |

**Jul 19****8 AM** Lector Tim Buchholtz, Chaliceist – Jo Schultz

|              |            |                 |             |                                                             |
|--------------|------------|-----------------|-------------|-------------------------------------------------------------|
| <b>10 AM</b> | Crucifer   | Joseph Repa     | Ushers      | Bill & Elizabeth Witz                                       |
|              | Acolyte    | Taylor Flynt    | Coffee      | Boots Ingram, Odell James, Pam Reilly                       |
|              | T Bearer   | -----           | Nursery     | Matt & Katie Cordani                                        |
|              |            | -----           | Tellers     | Larry Mattox, Jackie Leonard                                |
|              | Chaliceist | Butch Eanes     | Altar Guild | Lonnie Bower, Joyce Brown, Jean Schaefer, Esther Williamson |
|              | Lector 1   | Betsy Briggs    |             |                                                             |
|              | Lector 2   | Sam Campbell    |             |                                                             |
|              | Prayers    | Maile Armstrong |             |                                                             |

**Jul 26 St. James Day****8 AM** Lector – Tom Orville, Chaliceist – James Kyle

|              |            |                 |             |                                           |
|--------------|------------|-----------------|-------------|-------------------------------------------|
| <b>10 AM</b> | Crucifer   | Michael Repa    | Ushers      | Carl Ball, Larry Mattox                   |
|              | Acolyte    | Dustin Hassell  | Coffee      | Parish Life                               |
|              | T Bearer   | Ian Johnstone   | Nursery     | Ann Bird, Elizabeth Witz                  |
|              |            | Kirin Johnstone | Tellers     | Steve Wiegandt, Maile Armstrong           |
|              | Chaliceist | Matt Cordani    | Altar Guild | Helen Campbell, Boots Ingram, Odell James |
|              | Lector 1   | Helen Campbell  |             |                                           |
|              | Lector 2   | Jackie Leonard  |             |                                           |
|              | Prayers    | Bob Ostrom      |             |                                           |

**Aug 2****8 AM** Lector – Susan Tolliver, Chaliceist – Tim Buchholtz

|              |            |                 |             |                                                                                            |
|--------------|------------|-----------------|-------------|--------------------------------------------------------------------------------------------|
| <b>10 AM</b> | Crucifer   | Nick Simmons    | Ushers      | Matthew & Michael Bentley                                                                  |
|              | Acolyte    | Kirin Johnstone | Coffee      | Larry & Doris Mattox                                                                       |
|              | T Bearer   | -----           | Nursery     | Bob & Sara Ostrom                                                                          |
|              |            | -----           | Tellers     | Ron Toth, Michael Kennedy                                                                  |
|              | Chaliceist | Donna Repa      | Altar Guild | Betsy Briggs, Jo Schultz, Susan Tolliver, Kathryn Tully, Lonnie Bower (10 AM cleanup only) |
|              | Lector 1   | Ron Taylor      |             |                                                                                            |
|              | Lector 2   | Kate Perry      |             |                                                                                            |
|              | Prayers    | Donna Frost     |             |                                                                                            |

**DOK Gift Bag Preparation: Betsy Briggs & Dorothy Herndon****Note:** If you can't meet your scheduled time please find a substitute and let the Office know.